

## Anti-Bullying Week 2020

UNITED AGAINST BULLVING #ANTIBULLYING WEEK

Woodside Primary Website Links : https://www.woodside.dudley.sch.uk/attachments/download.asp?file=185&type=pdf

This week has been a positive time for Pupils and Staff, taking part in discussions and activities for Anti-bullying week - the theme being "United against Bullying" We hope that at home you have been able to follow the links we sent you and find time to go over staying safe on line. It is such an important lesson you can pass on to your child on keeping settings on private and reporting any issues they may have.

We have been looking at what Bullying looks like, how children can play a positive and active part in noticing and helping to prevent bullying from happening.



This week has also been a time for reflection.

A pupil brought this book in to school this week.

They said "It teaches us about life lessons, how to be kind to ourselves."



Last Week was World Kindness Day. But it doesn't just stop there. When thinking about why people choose to bully others, they first need to look at themselves. This book talks about being kind to yourself first and foremost, something that people find very difficult.

If there is one thing that we can show our children it should be how they look at themselves and making a change. If we can make just one small positive change, we can unite against bullying.







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