



Physical Education (PE) Curriculum Map

PE Intent

Children at Woodside will be able to: work in a team to select tactics within a variety of games; follow the rules of different sports in order to be a fair player; use a number of techniques to control equipment; perform and evaluate complex sequences, which link to a music choice and style; and take account of safety and hazards in their active environment. These skills will provide the foundation for our children to be sports men and women who understand their own body and the importance of maintaining their health and fitness in the future.

	Autumn		Spring		Summer	
Reception	Body Management Gymnastics	Body Management Gymnastics	Manipulation & Co Dance	Manipulation & Co Dance	Speed Ability Travel Cooperate & Solve Problems	Speed Ability Travel Cooperate & Solve Problems
Year 1	Attack Defend Shoot Dance	Attack Defend Shoot Dance	Hit Catch Run Gymnastics	Hit Catch Run Gymnastics	Run Jump Throw Send & Return	Run Jump Throw Send & Return
Year 2	Attack Defend Shoot Gymnastics	Attack Defend Shoot Gymnastics	Hit Catch Run Dance	Hit Catch Run Dance	Run Jump Throw Send & Return	Run Jump Throw Send & Return
Year 3	Tag Rugby (Invasion) Dance	Tennis (Net/Wall) Gymnastics	Basketball (Invasion) Dance	Hockey (Invasion) Gymnastics	Cricket (Strike/Field) Athletics	Football (Invasion) OAA
Year 4	Tag Rugby (Invasion) Swimming	Gymnastics Swimming	Netball (Invasion) Swimming	Tennis (Net/Wall) Dance	Cricket (Strike/Field) Athletics	Football (Invasion) OAA
Year 5	Tag Rugby (Invasion) Dance	Tennis (Net/Wall) Gymnastics	Netball (Invasion) Hockey (Invasion)	Athletics Swimming	Cricket (Strike/Field) Swimming	OAA Swimming
Year 6	Tag Rugby (Invasion) Dance	Tennis (Net/Wall) Gymnastics	Basketball (Invasion) Dance	Cricket (Strik/Field) Gymnastics	Hockey (Invasion) Athletics	Handball (Invasion) OAA